

# ACTION PLAN FOR ANAPHYLAXIS IN SCHOOLS

Student:

Age:  Weight:

School:

Year:

Father/Mother/Guardian:

Warning Phone:

Teacher/ Tutor:

Place of medication:



Allergic to:

Asthmatic:  NO  YES (High risk severe reactions)

## 1<sup>st</sup> STEP: EVALUATING AND TREATING

The specialist must complete this form

<b>WATCH</b>		Affects one organ.	Welts in the face, redness, itchy mouth or lips. <input type="text"/>
		Affects one organ.	Swelling of: lips, eyelids, hands or other body parts. <input type="text"/>
		Affects one organ.	Abdominal pain, nausea, vomiting or diarrhea. <input type="text"/>
		Affects one organ.	Itchy eyes or nose, frequent sneezing, abundant mucus, red or watery eyes. <input type="text"/>
<b>EMERGENCY</b>		affects two or more organs.	Tightness in throat or hoarse voice, repetitive cough. <input type="text" value="GIVE ADRENALINE auto-injector: 0.15 / 150 - 0.30 / 300"/>
		affects two or more organs.	Shortness of breath, gasping, repetitive dry cough, breathlessness, wheezing, bluish skin or lips. <input type="text" value="GIVE ADRENALINE auto-injector: 0.15 / 150 - 0.30 / 300"/>
		affects two or more organs.	Pale, weak pulse, loss of consciousness, dizziness, feeling of impending doom. <input type="text" value="GIVE ADRENALINE auto-injector: 0.15 / 150 - 0.30 / 300"/>

## 2<sup>nd</sup> STEP: IF YOU SUSPECT ANAPHYLAXIS, NOTIFY 061 AND FOLLOW INSTRUCTIONS

- 1. NEVER LEAVE CHILD / ADOLESCENT ALONE.
- 2. Call Emergency (Tel.: 061) and report that it is anaphylaxis.
- 3. Call parents or legal guardians.
- 4. Although it may not contact the parents or the legal representative, please administer medication. Duty of care on 061 instructions



1. Grasp the injector in your dominant hand (the one you use to write with) with your thumb closest to the yellow cap.



3. Place the black injector tip against your outer thigh, holding the injector at a right angle (approx 90°) to the thigh.



5. Massage the injection area for 10 seconds.



2. Pull off the yellow cap with your other hand.



4. Push the black tip firmly into your outer thigh until you hear a 'click' confirming the injection has started, then keep it pushed in. Hold the injector firmly in place against the thigh for 10 seconds (a slow count to 10) then remove. The black tip will extend automatically and hide the needle.



6. Seek immediate medical help Tel.: 061, and say "anaphylaxis".

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Dr.

nº  from the College of Physicians and

pediatrician / pediatric / medical pulmonologist / allergist have reviewed the protocol and requirements.

Specific medication for action.

Date and signature

I,

as father / mother / guardian, authorize the administration of the drugs comprising on this card to my

son / daughter

in following this protocol.

Date and signature

Article 195 of the Criminal Code establishes that it is a crime to breach the obligation of all people to help a person who is homeless and manifestly in serious danger, when it can be done without risk to themselves or others. Likewise, Article 20 of the Code states that the criminal acting in fulfillment of a duty is exempt from liability. Note that there is no liability of any kind if the during the course of duty any misapplication of rescue medication occurs.

